

Welcome to Chartwells at **East Grand Rapids Public Schools**
High School Lunch Menu

October

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Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Available Daily: Macaroni & Cheese, Hot Vegetable, Soup, Dinner Rolls, Canned and Fresh Fruit					
Incredibles Origins \$2.60 Includes 2 sides and a carton of milk or juice cup Au bon Pain Soup Choice of 2 soups daily	Corn Dogs 2 for 1	Roasted Turkey with Mashed Potato & Gravy	Grilled Chicken Sandwich Beef Ravioli	Pasta with Meatball Sauce	Tuna Melt Chef's Choice Side Dish
	Tomato Chef's Choice	Potato Cheese Chef's Choice	Chicken Noodle Chef's Choice	Wild Mushroom Bisque Chef's Choice	Clam Chowder Chef's Choice
Trattoria \$2.60 Includes 2 sides and a carton of milk or juice cup <i>All Pizza made with Whole Wheat Crust!</i>	Available Daily: Bosco Breadsticks  Balanced Choice Cheese Pizza, Hot Vegetable, Fresh Orange, & Warm Baked Apple Slices				
	Homemade Bruschetta Pizza	Homemade Pepperoni Pizza	Homemade Vegetable Pizza	Homemade Pepperoni Pizza	Homemade Calzones Sausage & Cheese or Vegetarian
Outtakes Daily Salads Specials Daily Sandwich Specials	Available Daily: Chicken Caesar Salad, Hummus w/ Pita Chips, Fresh Fruit and Yogurt Parfaits, Salad Bar, Hot Pretzels and Assorted Fresh Made Sandwiches				
	Michigan Salad	Riviera Salad	Thai Noodle Salad	Chef Salad	Greek Salad
	Turkey & Cheddar Sub	Ham & Swiss on Rye	Roast Beef & Cheese Wrap with Spicy Mayonnaise	Turkey & Swiss on Croissant	Italian Chicken Wrap
Fresh Grille \$2.60 Includes 2 sides and a carton of milk or juice cup	Available Daily: Hamburger, Cheeseburger, Chicken Patty, Spicy Chicken Patty, Chicken Nuggets, Chicken Poppers Al a carte: French Fries \$1.00 (Trans Fat Free)				
	Grilled Cheese Sandwich 2 for 1	Chicken Fries	Spicy Chicken Tenders	Grilled Ham & Cheese on Texas Toast	Double Cheeseburger
Menutainment \$3.35 Includes 2 side and a carton of milk or juice cup	Thai Bar Chicken or Shrimp and Vegetables with Rice or Lo Mein Noodles Spicy Orange Ginger Chicken over Rice <i>Your Choice!</i>	Taco Bar Chicken or Beef Taco Taco Salad or Walking Taco <i>Made Your Way!</i>	Pasta Bar Made To Order Pasta	Chicken Caesar Wrap <i>Have it Your Way!</i>	Quesadillas <small>FRESHLY MADE WITH CHICKEN</small> Chicken, Cheese, and Homemade Pico de Gallo Sour Cream and Salsa
	All \$2.60 lunches include 2 sides and a carton of milk or juice. Questions? Please call Jeff Sisson, Food Service Director, 942-0719				
SIDES INCLUDE: small salad, small soup, crisp fresh veggies, fresh or canned fruit, one regular breadstick, hot vegetable					

Welcome to Chartwells at **East Grand Rapids Public Schools**
High School Lunch Menu

October	13	14	15	16	17
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Incredibles Origins \$2.60 Includes 2 sides and a carton of milk or juice cup Au bon Pain Soup Choice of 2 soups daily	Available Daily: Macaroni & Cheese, Hot Vegetable, Soup, Dinner Rolls, Canned and Fresh Fruit				
	Chicken Wings	Crispitos 2 for 1 Refried Beans	Chicken Drumstick Mashed Potatoes/Gravy Beef Ravioli	Mozzarella Sticks with Marinara Sauce Pasta Salad	Chicken Alfredo Pasta Bake Chef's Choice Side Dish
		Potato Cheese Chef's Choice	Chicken Noodle Chef's Choice	Wild Mushroom Bisque Chef's Choice	Clam Chowder Chef's Choice
Trattoria \$2.60 Includes 2 sides and a carton of milk or juice cup <i>All Pizza made with Whole Wheat Crust!</i>	Available Daily: Bosco Breadsticks  Balanced Choice Cheese Pizza, Hot Vegetable, Fresh Orange, & Warm Baked Apple Slices				
	Homemade Pepperoni Lovers Pizza	Homemade Pepperoni Pizza	Homemade Chicken Bacon Ranch Pizza	Homemade Pepperoni Pizza	Homemade Calzones Sausage & Cheese or Vegetarian
Outtakes Daily Salads Specials Daily Sandwich Specials	Available Daily: Chicken Caesar Salad, Hummus w/ Pita Chips, Fresh Fruit and Yogurt Parfaits, Salad Bar, Hot Pretzels and Assorted Fresh Made Sandwiches				
	Michigan Salad	Riviera Salad	Thai Noodle Salad	Chef Salad	Greek Salad
	Turkey Club Wrap	Chicken Ranch Wrap	Roast Beef & Cheese Wrap with Spicy Mayonnaise	Turkey & Swiss on Croissant	Curried Chicken Salad Wrap
Fresh Grille \$2.60 Includes 2 sides and a carton of milk or juice cup	Available Daily: Hamburger, Cheeseburger, Chicken Patty, Spicy Chicken Patty, Chicken Nuggets, Chicken Poppers Al a carte: French Fries \$1.00 (Trans Fat Free)				
	Grilled Cheese Sandwich 2 for 1	Grilled Rueben	Spicy Chicken Tenders	Grilled Ham & Cheese on Texas Toast	Shrimp Poppers
Menutainment \$3.35 Includes 2 side and a carton of milk or juice cup	Hamburger & Hot Dog Bar <i>Mix or Match with your favorite toppings!</i>	Taco Bar Chicken or Beef Taco Taco Salad or Walking Taco <i>Made Your Way!</i>	Pasta Bar Made To Order Pasta	Chicken Caesar Wrap <i>Have it Your Way!</i>	Quesadillas <small>FRESHLY MADE WITH CHICKEN</small> Chicken, Cheese, and Homemade Pico de Gallo Sour Cream and Salsa
		All lunches include 2 sides and a carton of milk or juice. Questions? Please call Jeff Sisson, Food Service Director, 942-0719 Payment Methods: Cash, Check-payable to EGR Food Service with Child's name and ID #, or www.lunchdeposit.com			
SIDES INCLUDE: small salad, small soup, crisp fresh veggies, fresh or canned fruit, one regular breadstick, hot vegetable					

The School Lunch Program is operated in accordance with U.S. Dept. of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Food Service provided by Chartwells. Menu subject to change without notice.

