

East Grand Rapids Public Schools Elementary - May 2018

Meal Prices: Lunch \$3.50, Reduced Meals \$.40, Adult Meals \$4.70, Milk \$.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Chicken Tenders Steamed Green Beans Carrots w/ Dip Fresh Apple Goldfish Crackers Ice Cold Milk	1 Cheesy Meatloaf Dinner Roll Mashed Potatoes w/Gravy Broccoli Trees w/ Dip Fruit Cocktail Ice Cold Milk	2 Chicken Patty on a Bun Potato Smiles Romaine Salad w/ Ranch Fresh Banana Ice Cold Milk	3 Chicken Fajita Cheese, Lettuce & Pico de Gallo Refried Beans Orange Slices Ice Cold Milk	4 French Bread Pizza Cooked Carrot Coins Silly Celery w/Hummus Diced Pears Ice Cold Milk
7 Ham & Cheese Calzone Romaine Salad w/Chick Peas & Ranch MJM Grahams Fresh Apple Ice Cold Milk	8 Minh's Orange Chicken Asian Rice w/ Peas & Carrots Vegetable Egg Roll Pineapple Tidbits Ice Cold Milk	9 Apple Cinnamon French Toast Turkey Sausage Potato Starz Veggie Juice Fresh Banana Ice Cold Milk	10 Wet Burrito Black Beans & Rice Carrots w/ Ranch Goofy Grapes Ice Cold Milk	11 Turkey Pepperoni Pizza Malibu Vegetables Cucumbers w/ Ranch Lemon Berry Sorbet Ice Cold Milk
14 Mini Turkey Corn Dogs Onion Rings Carrots w/ Hummus Diced Peaches Ice Cold Milk	15 Pasta Rotini Bake Garlic Toast Romaine Salad w/ Carrot Sticks Fresh Apple Ice Cold Milk	16 Chicken & Cheese Quesadilla Red Beans & Rice Cherry Freeze Fresh Banana Ice Cold Milk	17 Cuban Sandwich Spicy Potato Wedges Red Peppers w/ Dip Applesauce Ice Cold Milk	18 Italian Dunkers w/ Marinara Sauce Whole Kernel Corn Fresh Kiwi Mini Rice Krispie Treat Ice Cold Milk
21 Chicken Nuggets Soft Pretzel Seasoned Peas Carrots w/ Hummus Crispy Apple Ice Cold Milk	22 Beef Teriyaki Dippers Breadstick Romaine Salad w/Chick Peas & Ranch Diced Pears Ice Cold Milk	23 Chicken Drumstick Mashed Potatoes w/ Gravy Corn Muffin Celery Sticks Fresh Banana Ice Cold Milk	24 Tasty Turkey Burger Sweet Potato Puffs Cucumbers w/ Dip Mandarin Oranges Ice Cold Milk	25 Sunbutter Sandwich Cheese Stick Carrot Sticks Veggie Juice Cheddar Goldfish Applesauce Ice Cold Milk

No School Monday - Memorial Day Holiday

MUNCHERS - Check with your school cook for ordering details

Lunch: Munchers & Sunbutter Sandwiches available as entrée choices. **Chef Salads** available at K-8 & K-12 sites.

Monday—Sunbutter Muncher (Sunbutter Sandwich, Mini Cheese Cubes, Carrots w/Ranch, Goldfish Crackers & Diced Peaches)

Tuesday - Grab & Go Breakfast for Lunch (Pillsbury Mini Pancakes, Snack Mix, Yogurt, Broccoli w/Ranch & Apple)

Wednesday - Chicken Salad Muncher (Chicken Salad, Small Dinner Roll, Hummus, Carrots, Corn Salad, Pizza Crackers & Craisins)

Thursday - Fiesta Grab and Go (Tortilla Chips, Land O Lakes Cheese Cup, Salsa, Refried Beans, Goldfish Grahams & Fruit)

Friday - Yogurt Muncher (Maple Grahams, Yogurt, Sunflower Spread, Celery, Crunchy Pretzels & Raisins or Craisins)

Ice Cold Milk (skim milk, 1% white or chocolate) from **Country Dairy** included with each meal or for .50¢.



- Salad bars available in K-8 & K-12 schools

- For more in-depth information on menus, nutritional analysis, contact information and related website links, check out our website at:

www.grpublicschools.org/nutrition or use the QR code.

* **Menu Item Contains Pork**