

Michigan Profile for Healthy Youth

East Grand Rapids High School, East Grand Rapids Public Schools



Physical Activity: High School

% = unweighted percentage of reported response. (n) = number of students with reported response.

	2009 YRBS ¹	Building ²	Grade		Gender		Race/Ethnicity						Academics	
			9	11	M	F	Black	White	Hispanic	American Indian	Asian	Arab/Chaldean	As/Bs	Ds/Fs
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days	46.8%	67.3% (261)	75.2% (167)	56.6% (94)	75.3% (131)	60.4% (128)	60.0% (6)	68.9% (224)	56.3% (9)	-	54.5% (6)	53.8% (7)	67.7% (224)	70.0% (7)
Percentage of students who watched three or more hours per day of TV on an average school day	29.6%	11.3% (44)	11.7% (26)	10.7% (18)	14.2% (25)	8.5% (18)	40.0% (4)	10.1% (33)	12.5% (2)	-	0.0% (0)	23.1% (3)	9.6% (32)	10.0% (1)
Percentage of students who played video or computer games or use a computer for something that is not school work three or more hours per day on an average school day	N/A	12.6% (49)	10.8% (24)	15.0% (25)	15.5% (27)	9.9% (21)	20.0% (2)	12.0% (39)	25.0% (4)	-	9.1% (1)	15.4% (2)	9.7% (32)	50.0% (5)
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school	42.3%	42.5% (154)	62.9% (129)	15.9% (25)	57.3% (94)	29.9% (59)	-	42.8% (130)	46.7% (7)	-	20.0% (2)	70.0% (7)	41.7% (129)	50.0% (5)
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school	31.0%	40.1% (145)	61.0% (125)	12.7% (20)	51.8% (85)	29.9% (59)	-	40.8% (124)	33.3% (5)	-	20.0% (2)	50.0% (5)	39.8% (123)	20.0% (2)
Among students enrolled in physical education (PE) class, the percentage who actually exercised or played sports more than 20 minutes during an average PE class	42.1%	95.5% (147)	94.6% (122)	100.0% (25)	97.9% (92)	91.5% (54)	-	95.4% (124)	-	-	-	-	96.1% (124)	-
Percentage of students who played on any sports team	N/A	75.1% (289)	79.5% (174)	69.3% (115)	79.8% (138)	71.0% (149)	80.0% (8)	75.2% (243)	66.7% (10)	-	81.8% (9)	58.3% (7)	79.0% (259)	-

For additional Michigan Profile for Healthy Youth information, please log on to www.michigan.gov/miphy

¹ 2009 Michigan Youth Risk Behavior Survey. For additional information on the YRBS results, please go to www.michigan.gov/yrbs.

² Building percentages are representative of the combined results as reported by 9th and 11th graders in the building.

N/A = Data not available

- = Data suppressed due to fewer than 10 valid student surveys

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