

East Grand Rapids High School

Weight and Nutrition: High School

% = unweighted percentage of reported response. (n) = number of students with reported response.

	N/A YRBS ¹	Building ²	Grade		Gender		Race/Ethnicity					Academics		
			9	11	M	F	Black	White	Hispanic/ Latino	American Indian	Asian	Arab/ Chaldean	As/Bs	Ds/Fs
Weight														
Percentage of students who are obese (at or above the 95th percentile for BMI by age and sex)	N/A	4.9% (20)	4.5% (10)	5.5% (10)	6.6% (13)	3.3% (7)	14.3% (2)	4.1% (14)	6.3% (1)	-	-	-	3.4% (12)	-
Percentage of students who are overweight (at or above the 85th percentile and below the 95th percentile for BMI by age and sex)	N/A	8.1% (33)	6.8% (15)	9.3% (17)	12.1% (24)	4.3% (9)	0.0% (0)	8.8% (30)	12.5% (2)	-	-	-	7.4% (26)	-
Percentage of students who described themselves as slightly or very overweight	N/A	19.7% (81)	20.5% (45)	18.8% (36)	14.4% (29)	24.8% (52)	15.4% (2)	18.7% (64)	18.8% (3)	-	40.0% (4)	-	17.7% (63)	-
Percentage of students who were trying to lose weight	N/A	32.1% (132)	30.8% (68)	33.7% (64)	15.9% (32)	47.6% (100)	30.8% (4)	31.0% (106)	31.3% (5)	-	60.0% (6)	-	30.9% (110)	-
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	N/A	10.5% (43)	11.8% (26)	9.1% (17)	8.1% (16)	12.9% (27)	14.3% (2)	7.4% (25)	18.8% (3)	-	10.0% (1)	-	8.8% (31)	-
Percentage of students who took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days	N/A	5.1% (21)	4.5% (10)	5.8% (11)	4.0% (8)	6.1% (13)	7.1% (1)	4.1% (14)	18.8% (3)	-	0.0% (0)	-	3.7% (13)	-
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	N/A	6.1% (25)	6.3% (14)	5.8% (11)	4.5% (9)	7.5% (16)	14.3% (2)	3.2% (11)	18.8% (3)	-	10.0% (1)	-	4.8% (17)	-
Nutrition														
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days	N/A	34.3% (129)	30.7% (61)	38.4% (68)	25.4% (45)	42.2% (84)	18.2% (2)	35.5% (113)	28.6% (4)	-	-	-	36.1% (118)	-
Percentage of students who drank three or more glasses per day of milk during the past seven days	N/A	12.9% (53)	13.2% (29)	12.6% (24)	17.3% (34)	8.9% (19)	7.1% (1)	12.6% (43)	20.0% (3)	-	10.0% (1)	-	12.4% (44)	-

Weight and Nutrition: High School

% = unweighted percentage of reported response. (n) = number of students with reported response.

			Grade		Gender		Race/Ethnicity					Academics		
	N/A YRBS ¹	Building ²	9	11	M	F	Black	White	Hispanic/ Latino	American Indian	Asian	Arab/ Chaldean	As/Bs	Ds/Fs
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	N/A	15.5% (62)	13.5% (29)	17.8% (33)	21.5% (41)	10.0% (21)	21.4% (3)	15.0% (50)	14.3% (2)	-	-	-	13.0% (45)	-
Percentage of students who had breakfast every day in the past seven days	N/A	47.9% (197)	51.1% (113)	44.2% (84)	47.5% (94)	48.4% (103)	21.4% (3)	49.3% (169)	66.7% (10)	-	60.0% (6)	-	51.1% (182)	-
Percentage of students who did not eat breakfast in the past seven days	N/A	7.8% (32)	5.9% (13)	10.0% (19)	9.1% (18)	6.6% (14)	14.3% (2)	7.3% (25)	6.7% (1)	-	0.0% (0)	-	6.5% (23)	-
Physical Health														
Percentage of students who saw a doctor or health care provider for a check-up or physical exam when they were not sick or injured during the past 12 months	N/A	79.4% (319)	82.4% (178)	75.8% (141)	74.3% (142)	83.9% (177)	46.2% (6)	81.0% (272)	73.3% (11)	-	100.0% (11)	-	82.8% (288)	-
Percentage of students who were exposed to second hand smoke during the past 7 days	N/A	24.6% (99)	22.1% (48)	27.6% (51)	28.5% (55)	21.1% (44)	15.4% (2)	22.8% (77)	42.9% (6)	-	36.4% (4)	-	22.0% (76)	-
Percentage of students who were exposed to second hand smoke daily during the past 7 days	N/A	2.2% (9)	2.8% (6)	1.6% (3)	2.6% (5)	1.9% (4)	0.0% (0)	1.8% (6)	14.3% (2)	-	0.0% (0)	-	2.0% (7)	-
Percentage of students who had ever been told by a doctor or nurse that they had asthma	N/A	28.9% (118)	28.4% (62)	29.5% (56)	25.9% (51)	31.8% (67)	42.9% (6)	29.4% (101)	7.1% (1)	-	30.0% (3)	-	29.2% (103)	-
Percentage of students who had been told by a doctor or nurse that they had asthma and still have asthma (i.e. current asthma)	N/A	54.2% (64)	56.5% (35)	51.8% (29)	45.1% (23)	61.2% (41)	-	53.5% (54)	-	-	-	-	57.3% (59)	-

For additional Michigan Profile for Healthy Youth information, please log on to www.michigan.gov/miphy

¹ Michigan Youth Risk Behavior Survey. For additional information on the YRBS results, please go to www.michigan.gov/yrbs.

² Building percentages are representative of the combined results as reported by 9th and 11th graders in the building.

N/A = Data not available

- = Data suppressed due to fewer than 10 valid student surveys

The contents of this report were developed under a grant from the United States Department of Education (Safe and Supportive Schools Grant (CFDA #84.184Y)). However, those contents do not necessarily represent the policy of the United States Department of Education, and you should not assume endorsement by the Federal Government.