

East Grand Rapids Middle School

Weight and Nutrition: Middle School

% = unweighted percentage of reported response. (n) = number of students with reported response.

	Building ¹	Grade	Gender		Race/Ethnicity						Academics	
		7	M	F	Black	White	Hispanic/ Latino	American Indian	Asian	Arab/ Chaldean	As/Bs	Ds/Fs
Weight												
Percentage of students who are obese (at or above the 95th percentile for BMI by age and sex)	6.8% (15)	6.8% (15)	9.2% (11)	3.9% (4)	-	6.1% (12)	-	-	-	-	4.4% (9)	-
Percentage of students who are overweight (at or above the 85th percentile and below the 95th percentile for BMI by age and sex)	9.9% (22)	9.9% (22)	10.8% (13)	8.8% (9)	-	9.6% (19)	-	-	-	-	9.8% (20)	-
Percentage of students who described themselves as slightly or very overweight	18.7% (43)	18.7% (43)	16.9% (21)	21.0% (22)	-	20.0% (41)	-	-	-	-	18.9% (40)	-
Percentage of students who were trying to lose weight	34.2% (79)	34.2% (79)	29.0% (36)	40.6% (43)	-	34.1% (70)	-	-	-	-	32.4% (69)	-
Nutrition												
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days	48.1% (101)	48.1% (101)	45.5% (50)	51.5% (51)	-	48.9% (92)	-	-	-	-	48.2% (94)	-
Percentage of students who drank three or more glasses per day of milk during the past seven days	23.8% (55)	23.8% (55)	28.2% (35)	18.9% (20)	-	24.9% (51)	-	-	-	-	25.0% (53)	-
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	3.4% (8)	3.4% (8)	5.6% (7)	0.9% (1)	-	3.4% (7)	-	-	-	-	2.8% (6)	-
Percentage of students who had breakfast every day in the past seven days	61.4% (143)	61.4% (143)	66.4% (83)	56.1% (60)	-	61.8% (128)	-	-	-	-	62.6% (134)	-
Percentage of students who did not eat breakfast in the past seven days	4.7% (11)	4.7% (11)	3.2% (4)	6.5% (7)	-	5.3% (11)	-	-	-	-	4.2% (9)	-

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Physical Health												
Percentage of students who saw a doctor or health care provider for a check-up or physical exam when they were not sick or injured during the past 12 months	84.8% (195)	84.8% (195)	84.6% (104)	85.8% (91)	-	85.9% (176)	-	-	-	-	85.3% (180)	-
Percentage of students who saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months	90.3% (205)	90.3% (205)	87.8% (108)	93.2% (96)	-	90.6% (183)	-	-	-	-	90.9% (189)	-
Percentage of students who had ever been told by a doctor or nurse that they had asthma	11.7% (27)	11.7% (27)	17.2% (21)	5.6% (6)	-	11.8% (24)	-	-	-	-	10.4% (22)	-
Percentage of students who had been told by a doctor or nurse that they had asthma and still have asthma (i.e. current asthma)	74.1% (20)	74.1% (20)	76.2% (16)	-	-	70.8% (17)	-	-	-	-	72.7% (16)	-

For additional Michigan Profile for Healthy Youth information, please log on to www.michigan.gov/miphy

¹ Building percentages are representative of the results as reported by 7th graders in the building.

N/A = Data not available

- = Data suppressed due to fewer than 10 valid student surveys

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