

## East Grand Rapids High School

### Weight and Nutrition High School

% = unweighted percentage of reported response. (n) = number of students with reported response.

	N/A YRBS <sup>1</sup>	Building <sup>2</sup>	Grade		Gender		Race/Ethnicity						Academics	
			9	11	M	F	Black	White	Hispanic/ Latino	American Indian	Asian	Arab/ Chaldean	As/Bs	Ds/Fs
<b>Weight</b>														
Percentage of students who are obese (at or above the 95th percentile for BMI by age and sex)	N/A	5.5% (25)	3.1% (7)	7.8% (17)	6.5% (15)	4.5% (10)	17.6% (3)	3.9% (15)	21.1% (4)	-	10.0% (1)	-	4.8% (19)	-
Percentage of students who are overweight (at or above the 85th percentile and below the 95th percentile for BMI by age and sex)	N/A	12.3% (56)	14.5% (33)	9.6% (21)	16.0% (37)	8.5% (19)	23.5% (4)	11.5% (44)	15.8% (3)	-	0.0% (0)	-	11.3% (45)	-
Percentage of students who described themselves as slightly or very overweight	N/A	20.6% (94)	21.4% (50)	19.8% (44)	14.2% (33)	27.2% (61)	11.8% (2)	19.7% (75)	26.3% (5)	-	18.2% (2)	-	20.0% (80)	-
Percentage of students who were trying to lose weight	N/A	33.4% (152)	32.5% (76)	34.4% (76)	18.3% (42)	48.9% (110)	29.4% (5)	31.7% (120)	42.1% (8)	-	45.5% (5)	-	32.3% (129)	-
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	N/A	3.1% (14)	1.7% (4)	4.5% (10)	0.4% (1)	5.8% (13)	5.9% (1)	2.9% (11)	5.3% (1)	-	9.1% (1)	-	2.7% (11)	-
<b>Nutrition</b>														
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days	N/A	31.1% (131)	32.1% (68)	30.1% (63)	22.8% (49)	39.8% (82)	14.3% (2)	30.0% (106)	37.5% (6)	-	45.5% (5)	-	33.4% (124)	-
Percentage of students who drank three or more glasses per day of milk during the past seven days	N/A	10.1% (46)	13.2% (31)	6.8% (15)	14.2% (33)	5.8% (13)	0.0% (0)	10.2% (39)	26.3% (5)	-	0.0% (0)	-	10.7% (43)	-
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	N/A	9.7% (44)	10.8% (25)	8.6% (19)	14.8% (34)	4.5% (10)	25.0% (4)	10.3% (39)	5.6% (1)	-	0.0% (0)	-	9.8% (39)	-
Percentage of students who had breakfast every day in the past seven days	N/A	48.9% (223)	47.9% (112)	50.0% (111)	54.3% (126)	43.3% (97)	25.0% (4)	51.2% (195)	31.6% (6)	-	45.5% (5)	-	51.6% (207)	-

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			9	11	M	F	Black	White	Hispanic/ Latino	American Indian	Asian	Arab/ Chaldean	As/Bs	Ds/Fs
Percentage of students who did not eat breakfast in the past seven days	N/A	7.5% (34)	7.3% (17)	7.7% (17)	6.5% (15)	8.5% (19)	18.8% (3)	6.6% (25)	10.5% (2)	-	9.1% (1)	-	6.2% (25)	-
<b>Physical Health</b>														
Percentage of students who saw a doctor or health care provider for a check-up or physical exam when they were not sick or injured during the past 12 months	N/A	84.7% (383)	84.9% (197)	84.5% (186)	84.1% (195)	85.5% (188)	64.7% (11)	85.6% (322)	89.5% (17)	-	90.9% (10)	-	86.5% (345)	-
Percentage of students who saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months	N/A	90.2% (406)	92.6% (214)	87.7% (192)	87.4% (201)	93.2% (205)	76.5% (13)	90.6% (339)	94.7% (18)	-	81.8% (9)	-	91.7% (364)	-
Percentage of students who had ever been told by a doctor or nurse that they had asthma	N/A	22.7% (103)	17.6% (41)	28.2% (62)	21.6% (50)	23.9% (53)	23.5% (4)	23.1% (87)	15.8% (3)	-	18.2% (2)	-	23.4% (93)	-
Percentage of students who had been told by a doctor or nurse that they had asthma and still have asthma (i.e. current asthma)	N/A	50.5% (52)	61.0% (25)	43.5% (27)	44.0% (22)	56.6% (30)	-	51.7% (45)	-	-	-	-	52.7% (49)	-

For additional Michigan Profile for Healthy Youth information, please log on to [www.michigan.gov/miphy](http://www.michigan.gov/miphy)

<sup>1</sup> Michigan Youth Risk Behavior Survey. For additional information on the YRBS results, please go to [www.michigan.gov/yrbs](http://www.michigan.gov/yrbs).

<sup>2</sup> Building percentages are representative of the combined results as reported by 9th and 11th graders in the building.

N/A = Data not available

- = Data suppressed due to fewer than 10 valid student surveys

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