

## East Grand Rapids High School

### Weight and Nutrition: High School

% = unweighted percentage of reported response. (n) = number of students with reported response.

	N/A YRBS <sup>1</sup>	Building <sup>2</sup>	Grade		Gender		Race/Ethnicity						Academics	
			9	11	M	F	Black	White	Hispanic/ Latino	American Indian	Asian	Arab/ Chaldean	As/Bs	Ds/Fs
<b>Weight</b>														
Percentage of students who are obese (at or above the 95th percentile for BMI by age and sex)	N/A	4.8% (21)	5.6% (13)	3.9% (8)	4.6% (10)	5.0% (11)	0.0% (0)	4.5% (17)	4.2% (1)	-	-	-	4.3% (17)	-
Percentage of students who are overweight (at or above the 85th percentile and below the 95th percentile for BMI by age and sex)	N/A	13.9% (61)	14.2% (33)	13.7% (28)	16.4% (36)	11.4% (25)	18.2% (2)	13.6% (51)	12.5% (3)	-	-	-	14.1% (56)	-
Percentage of students who described themselves as slightly or very overweight	N/A	23.2% (104)	22.4% (53)	24.1% (51)	20.2% (45)	26.5% (59)	20.0% (2)	23.4% (90)	15.4% (4)	-	-	-	21.9% (89)	-
Percentage of students who were trying to lose weight	N/A	33.7% (151)	30.5% (72)	37.3% (79)	18.8% (42)	49.1% (109)	30.0% (3)	32.9% (126)	38.5% (10)	-	-	-	32.6% (132)	-
<b>Nutrition</b>														
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days	N/A	28.1% (115)	33.5% (73)	22.0% (42)	27.7% (56)	28.9% (59)	-	29.4% (103)	21.7% (5)	-	-	-	28.8% (106)	-
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	N/A	11.2% (50)	11.0% (26)	11.4% (24)	12.2% (27)	10.4% (23)	50.0% (5)	9.9% (38)	11.5% (3)	-	-	-	9.4% (38)	-
Percentage of students who did not eat breakfast in the past seven days	N/A	11.1% (50)	8.4% (20)	14.2% (30)	12.6% (28)	9.4% (21)	20.0% (2)	9.6% (37)	19.2% (5)	-	-	-	10.1% (41)	-
Percentage of students who had breakfast every day in the past seven days	N/A	41.8% (188)	47.5% (113)	35.4% (75)	49.3% (110)	33.9% (76)	20.0% (2)	44.4% (171)	26.9% (7)	-	-	-	43.7% (178)	-
Percentage of students who drank three or more glasses per day of milk during the past seven days	N/A	10.9% (49)	16.0% (38)	5.2% (11)	15.7% (35)	5.8% (13)	20.0% (2)	11.4% (44)	3.8% (1)	-	-	-	11.5% (47)	-

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<b>Physical Health</b>														
Percentage of students who saw a doctor or health care provider for a check-up or physical exam when they were not sick or injured during the past 12 months	N/A	83.9% (371)	81.5% (194)	86.8% (177)	84.0% (184)	83.6% (184)	80.0% (8)	84.4% (320)	83.3% (20)	-	-	-	85.8% (343)	-
Percentage of students who saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months	N/A	88.0% (388)	87.3% (207)	88.7% (181)	85.8% (187)	90.0% (198)	-	88.7% (336)	91.7% (22)	-	-	-	88.7% (354)	-
Percentage of students who had ever been told by a doctor or nurse that they had asthma	N/A	17.5% (78)	15.9% (38)	19.3% (40)	19.5% (43)	15.7% (35)	20.0% (2)	18.1% (69)	20.0% (5)	-	-	-	17.1% (69)	-
Percentage of students who had been told by a doctor or nurse that they had asthma and still have asthma (i.e. current asthma)	N/A	53.8% (42)	47.4% (18)	60.0% (24)	60.5% (26)	45.7% (16)	-	53.6% (37)	-	-	-	-	56.5% (39)	-

For additional Michigan Profile for Healthy Youth information, please log on to [www.michigan.gov/miphy](http://www.michigan.gov/miphy)

<sup>1</sup> Michigan Youth Risk Behavior Survey. For additional information on the YRBS results, please go to [www.michigan.gov/yrbs](http://www.michigan.gov/yrbs).

<sup>2</sup> Building percentages are representative of the combined results as reported by 9th and 11th graders in the building.

N/A = Data not available

- = Data suppressed due to fewer than 10 valid student surveys

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