

East Grand Rapids Middle School

Weight and Nutrition: Middle School

% = unweighted percentage of reported response. (n) = number of students with reported response.

	Building ¹	Grade	Gender		Race/Ethnicity						Academics	
		7	M	F	Black	White	Hispanic/ Latino	American Indian	Asian	Arab/ Chaldean	As/Bs	Ds/Fs
Weight												
Percentage of students who are obese (at or above the 95th percentile for BMI by age and sex)	4.4% (9)	4.4% (9)	7.4% (8)	1.1% (1)	-	3.6% (6)	-	-	-	-	4.0% (8)	-
Percentage of students who are overweight (at or above the 85th percentile and below the 95th percentile for BMI by age and sex)	5.4% (11)	5.4% (11)	7.4% (8)	3.2% (3)	-	5.4% (9)	-	-	-	-	5.6% (11)	-
Percentage of students who described themselves as slightly or very overweight	14.2% (31)	14.2% (31)	15.7% (17)	12.6% (14)	-	12.8% (23)	-	-	-	-	13.1% (28)	-
Percentage of students who were trying to lose weight	22.6% (50)	22.6% (50)	18.3% (20)	26.8% (30)	-	22.2% (40)	-	-	-	-	22.8% (49)	-
Nutrition												
Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days	46.3% (94)	46.3% (94)	40.6% (41)	52.0% (53)	-	44.8% (73)	-	-	-	-	47.2% (94)	-
Percentage of students who drank three or more glasses per day of milk during the past seven days	20.0% (44)	20.0% (44)	23.9% (26)	16.2% (18)	-	19.6% (35)	-	-	-	-	20.5% (44)	-
Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	7.3% (16)	7.3% (16)	8.4% (9)	6.3% (7)	-	6.8% (12)	-	-	-	-	7.0% (15)	-
Percentage of students who had breakfast every day in the past seven days	63.1% (137)	63.1% (137)	75.5% (80)	51.4% (57)	-	64.2% (113)	-	-	-	-	63.2% (134)	-
Percentage of students who did not eat breakfast in the past seven days	5.5% (12)	5.5% (12)	1.9% (2)	9.0% (10)	-	4.5% (8)	-	-	-	-	5.2% (11)	-

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Physical Health												
Percentage of students who saw a doctor or health care provider for a check-up or physical exam when they were not sick or injured during the past 12 months	81.0% (162)	81.0% (162)	80.2% (77)	81.7% (85)	-	81.5% (132)	-	-	-	-	82.1% (161)	-
Percentage of students who saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months	85.9% (171)	85.9% (171)	89.5% (85)	82.7% (86)	-	87.0% (140)	-	-	-	-	86.7% (169)	-
Percentage of students who had ever been told by a doctor or nurse that they had asthma	15.3% (31)	15.3% (31)	15.6% (15)	15.1% (16)	-	16.0% (26)	-	-	-	-	15.7% (31)	-
Percentage of students who had been told by a doctor or nurse that they had asthma and still have asthma (i.e. current asthma)	58.1% (18)	58.1% (18)	66.7% (10)	50.0% (8)	-	50.0% (13)	-	-	-	-	58.1% (18)	-

For additional Michigan Profile for Healthy Youth information, please log on to www.michigan.gov/miphy

¹ Building percentages are representative of the results as reported by 7th graders in the building.

N/A = Data not available

- = Data suppressed due to fewer than 10 valid student surveys

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