



# August 2019 Menu Elementary

**Welcome to another exciting school year with Grand Rapids Public Schools. We are happy to have you as customers and look forward to serving your children hot and nutritious meals again this school year. Please remember to complete your Family Meal Application online at: <http://egrps.mealapp.org>. A new meal application is required each year. The school meals served in your school are the best value in town. GRPS Nutrition Services is proud to partner with your school to offer the very best in nutrition for your child.**



Meal Prices		
Lunch \$ 3.50	Reduced Meals \$ .40	Milk \$ .50
Adult Meals - \$ 4.70		

Adults and students who purchase meals, milk or ala carte items may still use My Payments Plus just like last year. Go to [www.mypaymentsplus.com](http://www.mypaymentsplus.com) and register your self/student into the school meal pre-payment plan. This is a convenient way to securely keep your account paid in full and view your actual purchase history! If you have problems with this transaction please give Steve Slabbekoorn a call at 616.819.1662.

The USDA Food and Nutrition Service prohibits discrimination based on race, color, national origin, age, sex, or disability, in program access and delivery. To file a complaint of discrimination, write USDA, Director of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Ave SW, Washington DC, 20250-9410, or call (202) 720-5964 (voice or TDD). USDA is an equal opportunity provider and employer.

# Welcome Back East Grand Rapids!!!

## August 2019

● MONDAY ●	● TUESDAY ●	● WEDNESDAY ●	● THURSDAY ●	● FRIDAY ●
<b>19</b>  <b>First Day 1/2 Day</b>	<b>20</b> Turkey Pepperoni Pizza Whole Kernel Corn Celery w/Ranch Grapes Ice Cold Milk	<b>21</b> Chicken Nuggets Baked Beans Garlic Toast Fresh Broccoli Applesauce Cup Ice Cold Milk	<b>22</b> Hamburger on a Bun Crinkle Cut Fries Carrot Sticks w/ Ranch Fresh Apple Ice Cold Milk	<b>23</b>  <b>NO SCHOOL</b>
<b>26</b> Fiestada Pizza Romaine Salad w/ Chickpeas Mixed Berry Cup Goldfish Grahams Ice Cold Milk	<b>27</b> Beef Teriyaki Dippers Garlic Breadstick Steamed Broccoli Carrot Sticks w/ Ranch Pineapple Tidbits Ice Cold Milk	<b>28</b> Chicken Sandwich Sweet Potato Fries Cucumber Slices w/ Ranch Apple Slices Ice Cold Milk	<b>29</b> Pasta Rotini Garlic Toast Romaine Salad Fresh Banana Ice Cold Milk	<b>30</b>  <b>NO SCHOOL</b> (School resumes Sept 3rd)

### MUNCHERS - Available Sept 3rd- Check with your school cook for ordering details



**Lunch: Munchers & Sunbutter Sandwiches** available as entrée choices. **Chef Salads** available at K-8 & K-12 sites.

**Monday**—Sunbutter Sandwich (Cheese Stick, Cheez Its, Carrots w/ Ranch & Peach Cup)

**Tuesday** - BLT Salad Muncher (Lettuce Blend, Grape Tomatoes, Shredded Cheese, Turkey Bacon, Croutons w/ Ranch, Grapes & Chocolate Cookie)

**Wednesday** - Wings & More (Chicken Wings, Cheese Cubes, Corn Salad, Snap Peas w/ Ranch, Apple & Lemon Bread)

**Thursday** - Chicken Wrap Muncher (Shredded Chicken, Shredded Cheese, Refried Beans, Salsa, Tortilla, Tortilla Scoops & a Clementine)

**Friday** - Yogurt Muncher (Yogurt, Hearty Granola, Blueberry Muffin, Sunbutter Spread, Celery Sticks and Apple Slices)

Ice Cold Milk (skim milk, 1% white or chocolate) from **Country Dairy** included with each meal or for .50¢.

- Salad bars available in K-8 & K-12 schools

- For more in-depth information on menus, nutritional analysis, contact information and related website links, check out our website at:

[www.grpublicschools.org/nutrition](http://www.grpublicschools.org/nutrition) or use the QR code on the front of this menu.

**\* Menu Item Contains Pork**